Continental Field Manual

Field Gear

The majority of gear (group and personal) you take into the field will be issued to you upon arrival at McMurdo Station. All of the gear you receive will be tagged "RFI", ready for issue. This means it has been serviced, checked and ready to deploy into the field. It is an expectation that your team check all gear before going into the field. This ensures that teams are familiar with operation and set-up in a controlled environment, as well as catching any problems (e.g., malfunctioning equipment, broken parts) before arriving to their field location.

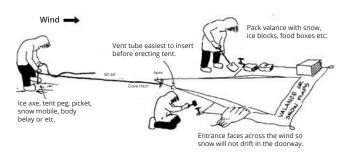
Shelters

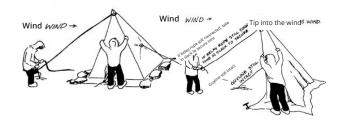
Before field teams deploy to the field, they should become experienced in erecting the tents they are issued. They should set up tents at McMurdo Station and double-check their condition.

Tents should have a solid anchor for every guy line, and these should be checked daily to ensure they are tensioned. Loose guy lines make the tent more prone to wind damage, and they make catastrophic failures in a storm more likely. "Hard" knots (knots that are fixed and cannot be adjusted. Reference section for a variety of knot options) should be avoided. Instead, use tautline hitches or trucker's hitches for guy lines, as they are easy to undo. Field team members should practice and become familiar with these knots before deploying.

Erecting Tents at Deep-Field Snow Camps

Setting Up a Scott Tent in High Winds





Establishing Wind Direction

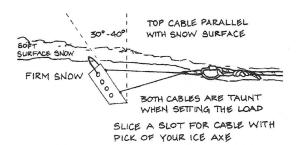
The most important factor in the set-up process is securely anchoring the tent so it can withstand high winds. Field teams should first determine the prevailing wind direction by observing patterns in the snow. For example, long rows of drifts (sastrugi) in a north-south orientation will indicate that the prevailing wind is either from the north or south. Look for etching at the ends. If the prevailing wind is from the south, the snow at the southern end of the sastrugi will be etched. Orient the tent with the main door opening downwind but at a 45-degree angle to the prevailing wind. This will help prevent drifting that blocks the door.

Anchoring the Tent

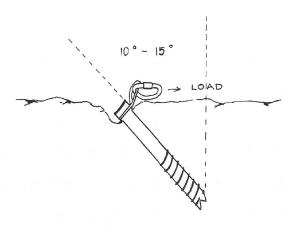
The best method for anchoring a tent is determined by snow conditions. If the snow surface is hard-packed, hammer in long stakes or sections of bamboo, angled slightly away from the tent, and attach guy lines to these. If the snow is soft, bury a long stake or piece of bamboo ("deadman") in a slot perpendicular to the angle of pull, with a guy line attached at the mid-point. The guy line runs in a straight line from the deadman to the tent, via a slot cut in the snow. The deadman should not be buried too close to the tent or it will be pulled upward when the line is tensioned. In very soft snow, the deadman anchor should be buried two feet deep or more.

Snow flukes and snow bollards represent additional ways to anchor tents, camp items, or other objects in hard snow areas (see illustrations on following page).

SNOW FLUKE ANCHOR

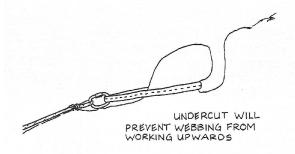


ICE SCREW ANCHOR

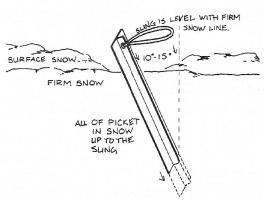


CHOP A SMALL LEDGE FOR THE EYE TO REST AT THE PROPER ANGLE, PLUSH AGAINST THE ICE.

SNOW BOLLARD ANCHOR



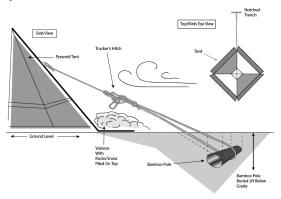
SNOW PICKET ANCHOR



CLEAR AWAY SOFT SURFACE SNOW TO INSURE THE PICKET IS IN FIRM SNOW.

Anchoring in Soft Substrate

If the snow, sand, or soil are soft, bury a long stake or piece of bamboo ("deadman") in a slot perpendicular to the angle of pull, with a guy line attached at the mid-point. The guy line runs in a straight line from the deadman to the tent, via a slot notched in the ground or snow. The deadman should not be buried too close to the tent or it will be pulled upward when the line is tensioned. In very soft snow, the deadman anchor should be buried two feet deep or more.



Note: If anchoring on rocky land, especially in a volcanic area with sharp rocks, be aware that the guy line exiting the ground from the deadman could abrade in windy conditions. Monitor it frequently and replace it if necessary. Alternatively, fabricate a make-shift sheath around the line from rock sample bags or whatever else may be on hand.

Tent Valance

Most issued tents have a valance or "skirt" on either the tent fly or body. These should be fanned out flat and weighted down with snow or rocks to help keep the tent anchored in windy conditions. This also prevents wind from going underneath the valance and lifting and damaging the tent. It also helps keep the tent warmer. Be careful not to pile rocks onto the wall of the tent, as this could abrade and tear the fabric in high winds.

Snow Walls

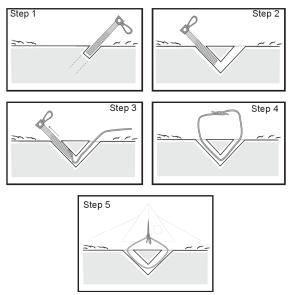
Snow walls, which are constructed with blocks cut from the snow, shelter tents

from wind. If it is a windy day or if the camp is at a windy location, field teams may need to construct walls before attempting to set up a tent. Ideally, blocks are cut with a saw in hard-packed snow, but a shovel or ice ax may work. Since snow conditions can change over a small area, probe the snow to see if there is an area harder than others. If only soft snow conditions exist, the snow can be packed down with boots to see if it hardens (sinters) after an hour or more.

Erecting Tents on Sea Ice and Blue-Ice Glaciers

If the snow on the ice is deep enough, anchor the tent as described above. Otherwise, clear off any snow and anchor the tent to the ice with ice screws. Since it may not be possible to issue enough ice screws for every guy line, team members may also drill V-threads (two holes that intersect to form a V-shaped channel), use an ice screw or ice drill to feed a guy line through the channel, and attach the line to the tent.

V-Thread Anchor



USAP Continental Field Manual

Erecting Tents in the McMurdo Dry Valleys

It is important that field teams adhere to environmental regulations and consider helicopter restrictions for site selection and camp set-up in the Dry Valleys. Team members should consult with the environmental department before departing for the field. The most commonly visited McMurdo Dry Valley areas have pre-determined camping locations.

Large boulders can provide a wind break, and large rocks or stacks of rocks can be tied off as anchors. If the field team is using metal stakes for anchors, it may take several minutes to hammer each one into the frozen soil. If the team intends to move camp, members should take extra anchors, as it may be difficult to remove some from the frozen soil.

Emergency Shelters

If a tent is lost, the first and most important order of business is to arrange for protection from the wind, as this will increase the odds of survival.

The quickest emergency shelter to construct in snow is a trench. Dig a three-foot-deep, shoulder-width trench in the snow, making it long enough for a person to lie down, with extra room for gear. Cover the trench with a tarp, and anchor the tarp with snow blocks, bamboo stakes, shovels, sleds, or other equipment. Snow blocks or slabs may also be used to cover the trench opening. A trench can accommodate two people if the bottom is excavated to form a bell shape. However, the surface opening should remain shoulder wide.

Other emergency snow shelters are snow mounds (Quinzhee huts), snow caves and igloos. Keep in mind that ventilation is critical if a stove is to be operated in any snow shelter. On sea ice or on a blue-ice glacier, a wind break can be created by repositioning snowmobiles and sleds.

Stoves and Heaters

The Berg Field Center (BFC) issues propane and white-gas cooking stoves to field parties. The Facilities department maintains the heaters in semi-permanent field camps and sea-ice huts. This guide provides information on stove and heater safety, basic operation, and troubleshooting. Contact Facilities or BFC personnel for assistance or further guidance.

Stove Safety

Liquid-fuel stoves are potentially hazardous due to the flammability of the fuels and the toxicity of the carbon monoxide they produce. Therefore, it is important for field personnel using a stove to follow these safety measures:

- Test all stoves before field deployment.
- · Do not use stoves without adequate ventilation.
- Do not release fuel-tank pressure near an open flame.
- Use extreme caution when refueling. Skin contact with super-cooled fuel can cause instant frostbite.
- · Check for leaks before every use.
- Release pressure in the fuel tank before packing and storing.
- · Pack stoves and fuel away from food.
- Do not cook in mountain tents, except in emergencies. Cooking in Scott tents is safe with the right mitigations (see below).
- Insulate base of stove so it does not melt through tent floor.

Residues of evaporated gasoline are combustible. Designate a pair of gloves for fueling operations and don't use them near stoves. Should a person's clothing become ignited, stop, drop, and roll to extinguish flames.

Stove Use in Scott Tents

Note: It has been common practice in Antarctica to use stoves inside Scott Tents. Historically, many camps were small, and Scott Tents were the main "home" for a field camp, and thus stoves were used inside. This is still a practice used in a variety of locations, either for full kitchen duties, or to heat water and heat the tent in places with extreme cold or dampness.

Pro Tips

Using a stove in the tent on a daily basis to stay warm and comfortable can lead to complacency. Here are a few pro tips:

- Ensure all sleeping bags, pads and personal clothing are stowed away from stove before starting.
- If running the stove, throw a kettle on to boil some water for hot water bottles (this also prevents an open flame).
- Communicate any signs or symptoms of carbon monoxide (CO) poisoning.
- Does your camp have readily available oxygen? Oxygen can help alleviate symptoms of CO poisoning.
- CO poisoning is exacerbated at altitude.

Carbon Monoxide Risks

Carbon monoxide (CO) is a colorless, odorless, tasteless, and toxic gas produced by the incomplete combustion of carbon compounds, including the fuels used in heaters and stoves. Dangerous amounts of CO can accumulate

when fuel does not burn properly and/or when an area is poorly ventilated. Both situations can occur when someone is cooking in or heating a tent.

CO displaces oxygen in the bloodstream, starving the heart, brain, and other vital organs. People are even more susceptible to CO poisoning at altitude.

Carbon Monoxide is Dangerous.

There have been several cases of CO poisoning in Antarctic field camps from improper stove use. This is completely avoidable. The best way to prevent CO poisoning is to ensure that any structure in which cooking is taking place is well ventilated. Because CO has no color, taste, or smell, it is better to be safe than sorry. In short:

- · ALWAYS ventilate the tent.
- NEVER cook in or heat a tent without leaving a door or window cracked.
- Be especially vigilant if sleeping in a heated structure.
- VENTILATE, VENTILATE, VENTILATE!

Field teams must use a CO detector (issued from the BFC) when cooking, but the detector should not be attached directly to the stove. The detectors are not fool proof, so all team members should remain vigilant of CO risks and symptoms. For information on the signs, symptoms, and treatment of CO poisoning, consult the First Aid section of this manual or contact the medical department.

MSR® WhisperLite™ Stove

Assembling the Stove

- Fill the MSR® fuel bottle to within two inches of cap.
- Screw the pump snugly into the fuel bottle.
- Pump the plunger 15 to 20 times for a full bottle. Additional strokes will be necessary if the bottle is not full.
- Insert the fuel line through the hole in the heat reflector.
- Rotate the stove legs into the slots in the flame reflector.
- Insert the end of the fuel line into the fuel-tube bushing on the pump.
 Lubricate the end of the fuel line with lip balm and be extremely gentle when inserting.
- · Snap the catch arm securely into the slot on the pump body.

Operating the Stove

Priming

• To preheat the stove, the priming flame must contact the generator tube.

- Open the control valve until fuel flows through the jet and fills the priming cup ½ full.
- Close the control valve.
- · Light the priming cup or wick.
- Place a windscreen around the stove.

Lighting

- As the priming flame diminishes, slowly open the control valve.
- If the stove goes out, wait for the stove to cool and re-prime it.
- If the stove burns with a yellow, erratic flame but the priming cup is still burning, turn the control valve off and prime longer.

Cooking

- The stove should burn with a steady blue flame.
- To simmer, operate the stove with low pressure in the fuel bottle (see WhisperLite instructions for direction on lowering pressure).

Note: There is a delay between control valve turns and changes in flame intensity.

Shutting Off the Stove

- · Turn the control valve off.
- Wait for the stove to cool before disassembling.
- To depressurize the fuel bottle, move away from heat, sparks or flame.
 Turn the stove assembly upside down and open the control valve.
 Pressure will be eliminated through the jet.

MSR WhisperLite™ Troubleshooting

MSR WhisperLite™ Troubleshooting						
Problem	Location	Solution				
		Replace torn or damaged control valve o-ring.*				
	Control Valve	Replace with new pump if control valve threads are				
		damaged or stripped from over tightening.				
	Pump/Fuel Bottle Connection	Use only MSR fuel bottle.				
		Replace bottle if threads are damaged or bottle is dente				
		Replace torn or damaged fuel bottle o-ring.*				
Fuel Leaks	Fuel Line/Pump	Replace torn or damaged fuel tube o-ring.*				
	Connection	Replace damaged or missing fuel tube bushing.*				
	Fuel Line	Replace fuel line or entire stove if line is damaged.				
	Shaker Jet	Tighten if necessary with jet and cable tool.*				
		Replace if damaged.*				
		If fuel leaks through the shaker jet when control valve is				
		off, the pump is damaged from over tightening the contro				
		valve; replace pump.				
		Insufficient priming.				
		Fuel bottle is over pressurized.				
		Improper fuel used or jet installed. Change the jet.				
		Old or poor quality fuel.				
		Incorrect flame ring installation under burner cap.				
		Correct flame ring order from top (burner cap) to bottom				
Erratic	Erratic Yellow Flame	(flame reflector): (Wire Leg Stoves: 7 Rings - Wavy, Flat,				
Performance		Wavy, Flat, Wavy, Flat, Wavy) (Flat Leg Stoves: 8 Rings -				
		Wavy, Flat, Wavy, Wavy, Flat, Flat, Flat).				
		Weather conditions are cooling the generator tube.				
		Use windscreen and heat reflector.				
		Lack of oxygen at high altitudes.				
		Reduce fuel bottle pressure and open windscreen.				
	Diminishing Flame/Slow Boil	Insufficient pressure in fuel bottle.				
		Pump plunger as required to increase pressure.				
		Remove any obstructions from jet and/or fuel line.				
		Incorrect jet installed for fuel type.				
		If the burner cap becomes bright red and a dull roar is				
Reduced Performance		heard, the flame is burning back under the burner cap				
		rather than through the flame rings. Clean the jet, ensure				
		the correct jet is installed, and ensure flame rings are clean				
		and installed correctly.				
		Dry leather pump cup – needs oiled.*				
	Pump Not Pressurizing	Dirt in check valve assembly.				
*Sig	nifies stove and pump re	placement parts that are available in the repair kit.				

Safety Tips

- Do not use these stoves in mountain tents, except in an emergency.
- Ensure the stove assembly has no fuel leaks.
- Securely lock the catch and ensure the stove is properly assembled.
- · Clear the area of flammables and spilled fuel.
- Do not open the control valve more than three full turns.

Coleman® Gas Stove

Operating the Stove

- Close the valve and unscrew the tank cap. Do this carefully if the tank has pressure inside.
- Use a fuel funnel (with filter) to fill the tank. Use white gas only.
- · Wipe off any spilled fuel and replace the cap.

Caution: Never open the tank around an open flame! Never remove the cap while the stove is running!

Pressurizing the Tank

- Close the cap and ensure the generator valve is closed.
- Turn the pump plunger handle to the left to open.
- Place a thumb over the small hole in the handle and pump 35 to 50 times.
- Turn the plunger handle to the right to tighten.
- Put the stove handle into the opening on the side, insert the generator into the mixing chamber, and place the tank in hanger brackets.

Lighting the Stove

- · Close the auxiliary burner valve.
- Turn the fuel-valve lever to the "up" position.
- · Hold a match above the main burner and open the fuel flow valve wide.
- Let the stove burn for one minute with fuel-valve lever up.
- When the flame is blue, turn the valve lever down.

Note: Add more pressure if needed but hold the tank firmly. If the flame does not burn fully, open and close the valve to clean the tip. After the main burner is lit, the auxiliary burner can be lit by opening the valve on the left side of the stove. If there are problems, refer to the "Troubleshooting Guide" included with the stove.

Shutting Off the Stove

- Put the fuel-valve lever in the "up" position and let the stove burn for one minute to reduce carbon deposits.
- Turn off the valve. The flame will burn for a few minutes until the gas
 in the generator is gone. When the flame is out, let the stove cool before
 packing it away.

Coleman® Gas Stove Tips

Most problems associated with Coleman® stoves occur in extremely cold temperatures. This stove was not designed for use in sub-zero temperatures, and measures must be taken to enhance its performance:

• Use white gas only. Always use clean, filtered gas.

- · Do not overfill the tank, as this impedes performance.
- The pump mechanism becomes impaired as temperatures drop.
 Keep the pump plunger oiled. Also, the rubber or leather pump cup sometimes dries out. It is essential to keep it oiled and pliable.
- In temperatures below -6°C, the stove generator must be preheated to
 ensure the fuel vaporizes. Apply priming paste along the generator and
 above the burner. Light it with a match. Allow at least three minutes of
 burning to ensure the stove is sufficiently preheated. When the flame
 burns down, make sure the lever is up and open the valve. The burner
 should light from the paste.
- Keep the stove and tank clean. Grease deposits can flame up. Line the inside of the stove with foil for easy cleaning.

Note: Place the stove where it can be thrown out of the tent in an emergency. Keep a small fire extinguisher nearby.

Coleman® Gas Stove Troubleshooting

If the fuel does not vaporize, liquid gas collects in the manifold assembly and a strong, blue flame cannot be achieved. The stove will sputter and spark, and the flame will be orange and sooty. If this occurs, shut the stove down and allow it to cool completely. Remove the tank assembly and clean fuel from the manifold and burners with absorbent pads provided in the spill kit (the small, black nylon bag). Replace the tank assembly and repeat the lighting process.

To access the control valve assembly (behind the knobs and under the burners) for troubleshooting:

- 1. Unscrew the burners.
- Turn the stove over and unscrew the nuts on the bottom. It should be possible to push the burner assembly up and release the retaining ring that holds the burner to the metal tray. Alternatively, spread the retaining rings to release the burner assembly.
- Remove the metal tray for access to the burner and control valve assemblies.

Coleman® Gas Stove Troubleshooting						
Problem	Location	Remedy/Cause				
	Pump	Remove and inspect pump, checking for cracks,				
		dryness, creases, or tears. Replace and oil.				
		Possible pressure leak: check tank lid gasket.				
No pressure		Flooded pump cylinder = faulty pump valve: replace.				
	Tank					
		Broken seal at valve assembly and tank junction:				
		tighten by 1 rotation if possible.				
		The tank will lose pressure the longer it sits without				
l acce muccessus to a foot	Tank	periodic pumping. If pressure is lost soon after				
Loses pressure too fast		pumping check, all joints and gaskets.				
	Сар	Check cap gasket. Replace gasket or cap.				
		Bad or dirty generator: clean or replace.				
		Manifold assembly is flooded: turn stove off, cool,				
Yellow flame	Burners	remove tank assembly, and wipe out excess fuel.				
		Bad fuel: drain and replace with new fuel.				
		Make sure tank and generator seated properly.				
Flame at generator tip		Tip of generator is loose: tighten.				
		Possible clogged generator. Clean or replace.				
		Check needle at end of generator. Determine if the				
Poor gas flow to burner		cleaning needle is functional or bent. Replace if				
		necessary.				
		Make sure tank and generator seated properly.				
		Preheat generator, increase pressure, check for				
Weak flame		flooding, clean or replace generator, contaminated				
Weak name		fuel.				
		Make sure tank and generator seated properly.				
	Generator	Tip of generator is loose: tighten.				
	Generator	Make sure tank and generator seated properly.				
		Flooded burner: shut down and dry out. Excessive				
	Burner	pressure in tank, insufficient priming, premature				
		switch to "on" position of fuel flow switch, and/or				
Flaring		bad fuel.				
		Make sure tank and generator seated properly.				
		Clean grease out of stove. Line the bottom of the				
	In stove	stove with foil and change when dirty. This will aid in				
	iii stove	ease of cleanup.				
		See "yellow flame @ Burners".				

Coleman® Propane Stove

Note: Propane cylinders should only be stored outside of a tent. Use a long propane hose though an opening in the tent door or window to connect the cylinder to the stove.

Setting Up the Stove

· Press on latch to open the lid.

- Position the wind baffles.
- Insert wire clips into slots.
- Close both burner valves firmly.
- Remove the regulator from storage under the grate.
- · Attach the regulator, hand tight, to hose or propane bottle.
- Inspect the gasket on the stove connection before attaching the regulator.
- · Screw the regulator hand-tight onto the stove.

Operating the Stove

Lighting Electronic Ignition Stoves

- Open the burner valve and rotate the igniter knob several times until the burner lights.
- · Use a match to light the burner if the igniter fails.

Lighting Standard Ignition Stoves

- Hold a lighted match near the burner and open the valve.
- · Adjust the flame with burner valves.

Shutting the Stove Off

Close the burner valves firmly.

Storing the Stove

- Remove the propane cylinder or hose.
- Unscrew the regulator from the stove and store it under the cooking grate.

Preway® Diesel (AN-8) Heater

These heaters are installed in huts in the McMurdo Dry Valleys.

Lighting the Heater

- Make sure the Preway® is level. This is very important! If it is not level, it
 will not burn correctly.
- Make sure the outside fuel valve at the tank is open and the breather tube is open to prevent "air lock." If there is no breather tube, loosen the upper bung cap.
- · Open the valve behind the Preway®.
- Take a small piece of toilet paper, wrap it around the end of a wire, and place a small amount of burn paste on it.
- Push the safety lever down on the carburetor.
- Open the valve knob on the carburetor to "3" (the halfway position).
- · Allow a small amount of fuel (about two tablespoons) to puddle in the

- bottom of the burn chamber.
- Shut off the valve knob on the carburetor.
- Light the fuel in the burn chamber with the tissue on a wire, removing it
 once the fuel is lit.
- Allow the fuel to burn until the flame is nearly out. This preheats the chamber.
- Open the valve knob on the carburetor to "3" again and push down the safety lever.
- Adjust heat as desired. Typically these heaters burn poorly and will
 soot excessively on either "1" (too low) or "6" (too high), reducing
 performance and requiring frequent cleaning. Stick with settings "2"
 through "5." For reference, a properly burning heater doesn't require
 cleaning more than once every couple of months.

Shutting Off the Heater

• Close all valves and lift the safety lever on the carburetor.

Things Not to do with a Preway®

- Do not leave burned tissue in the chamber, and do not throw any other
 combustibles in the burn chamber. Yes, they will burn (partially), but
 the heater will soon stop working and be full of partially burnt ashes.
 The Preway® is not an incinerator.
- At start-up, do not turn the stove up to a high number immediately. Let the heater warm up first on "3" or it will make frightening "woofing" sounds.
- Don't leave the burn chamber door open longer than necessary when the heater is burning. It interferes with proper drafting by letting in too much air.
- NEVER wire down the safety lever on the carburetor. If it needs to be
 "held down" for operation, there is an internal problem that needs to be
 addressed. Wiring down the lever poses two risks: 1) flooding the heater
 with too much fuel (creating a mess), or 2) flooding the structure with
 the full contents of the fuel barrel (even bigger mess).

Kuma® Stoves, ARCTIC Heater

Kuma Stoves will replace the old Preway heaters and are installed in sea-ice huts, some Dry Valleys huts, and at deep-field fixed camps.

Caution: The handles on the side of the heater are surprisingly hot.

Do not touch or hang towels or clothing over the handles. Please read instructions completely before lighting the stove.

Starting the Heater

- Be sure that the burn chamber is clean before lighting.
- Open stove door and remove stainless steel mesh cylinder and burn ring from the burn pot.
- Turn on all supply valves (tank and in-line valves).
- If there are any leaks in the system, turn off all valves immediately.
- Turn control knob on carburetor to setting 1.
- Move ON/OFF lever on carburetor to the correct position to start
 the flow of fuel oil into the burn pot. Depending on what model of
 carburetor is on your particular stove, it may need to be pressed down
 for ON, or be pulled up for ON. The correct orientation will be
 indicated on each carburetor near the ON/OFF lever.
- When enough fuel has entered the burn pot to fill the center groove (~ 4 tablespoons), turn the control knob AND the carburetor lever OFF.
- Replace burn ring into the burn pot so the cupped part of the ring is face-up (as if it would hold water). The stove will not burn properly if the ring is face down.
- Squeeze a small amount of burn paste (about the size of a marble) onto
 the end of the metal wire, light the paste, and place the fireball into the
 puddle of oil in the burn pot. Using the wire, spread the fireball around
 the fuel puddle.
- Replace the stainless mesh cylinder and close the door tightly (turn door handle until it is snug). Do not over-tighten!
- Wait for the fuel in the burn pot to catch fire. After the flame begins to die down (it could take several minutes), turn the carburetor ON again (ON/OFF lever) and turn the control knob to setting 1.
- The flame should gradually get larger and within a few minutes the stove should begin burning a blue flame.
- Run the stove for at least 15 minutes on low (setting 1) to allow chimney
 and stove to heat up before adjusting the temperature. Failure to allow
 proper heating time will cause the system to soot up.
- After fifteen minutes, turn control knob (1 to 6) to achieve desired
 heat level. Repeat: Make sure the flue and stove are warmed up before
 making any carburetor adjustments. Adjustments should be of no more
 than one-quarter turn, and each should be allowed to stabilize for five
 minutes before making any further adjustments.

Warning: Do not light a flooded or hot stove!

Warning: Do not throw foreign objects in burn chamber! No paper, wrappers, matches, or used tissues!

Note: Tissue paper can be used to light fuel if you run out of burn paste, but do

not leave burned tissue paper in burn pot.

Shutting Off the Kuma Heater

- Trip the float switch on the carburetor and turn the dial on the carburetor to 0 or "off" (clockwise).
- The ball valve near the fuel filter can also be turned off to stop the flow
 of fuel to the heater. Do not adjust the "firematic" valve that is between
 the fuel filter and the stove (the only round handle on the fuel line that
 resembles a spigot).

Empire® Vented Propane Heater

These heaters are installed in sea-ice huts.

Starting the Heater

- Turn on propane at the tank by turning the knob all the way to the left.
- · Open the combustion air vents on the wall.
- Open the valve behind the stove (the handle in line with the tube to the stove).
- Set the heat dial (numbered 1-7) to "1."
- Remove the front panel of the stove by lifting the bottom out and then up.
- · Remove the pilot-light sight glass.
- Push and hold down the control knob; turn from "off" past "ign" to "pilot."
- Light the pilot with a match; don't bother with the piezo igniter.
- Hold the control knob down in "pilot" position for one minute after lighting.
- Let the control knob pop up and move it to the "on" position.
- · Replace the sight glass and front panel of stove.
- Adjust heat dial as desired.

Shutting Off the Heater

- Set heat dial to "1" and control knob to "pilot."
- · Close combustion air vents.

Note: The pilot light should be left on at all times unless the tank is being changed or the hut is being moved. Be sure and turn off the propane at the tank if moving the hut.

Sleds

The Berg Field Center (BFC) issues several types of sleds that can be towed behind a snowmobile or pulled with a rope by someone skiing or walking. Each field team should consult with BFC staff to determine which sled type matches the team's requirements.

Loading and Securing Cargo

Following are illustrations showing how to distribute the cargo load on a Nansen sled. The same principles apply to the other sleds.

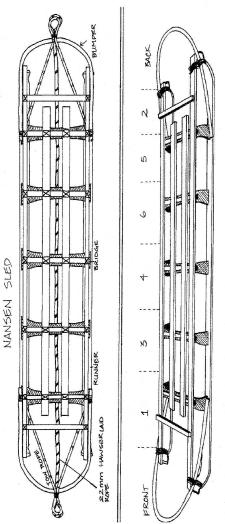
Load the heaviest items on the bottom. Place small items in sled bags. The survival bag should be placed at the top of the load, along with anything the team members might need during the day. Rock boxes (18" L x 12" H x 12" D wooden boxes) make convenient containers for fieldwork and can be loaded with both samples and gear. Rock-box platforms are available if the team anticipates hauling a large number of boxes.

It is best to transport fuel drums on drum cradles for stability.

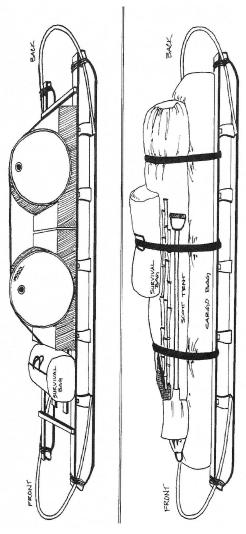
- · Nansen sleds can haul two drums side to side.
- Siglin® ultra high molecular weight (UHMW) sleds can also accommodate two drums side to side.
- Komatik sleds can carry up to five drums side by side.

Secure the finished load tightly with cord, cargo straps, or bungee cords. Banana sleds have fabric cargo covers attached along the sides. The fabric folds over the cargo and is tied down. Siglin UHMW sleds have side ropes for lashing down gear.

Avoid using hard knots when rigging loads for travel. Use taut-line hitches or trucker's hitches instead, as they are easy to undo if it becomes necessary to re-tension a cord. Be sure to check all lashings periodically and every time the team stops for any reason. Also inspect the snowmobile, tow plate, ropes, and sled at the same time for any developing structural issues. Re-tighten the lashings if they have become loose. It is prudent to bring extra lashing supplies into the field.



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Pulling Sleds with a Snowmobile

With ideal surface conditions, a tail wind, and light loads, a snowmobile may achieve seven miles per gallon (mpg). Soft snow conditions, heavy loads, and strong head winds significantly reduce fuel efficiency. Mileage can drop to as low as two to three mpg. In good conditions, a snowmobile may be able to pull up to 2,000 pounds. Soft snow and a head wind will reduce that substantially. It is important for field teams to keep these things in mind when planning loads and fuel consumption.

Snowmobile operators pulling a sled should adhere to the following rules:

- Attach sleds equipped with rigid tongues directly to snowmobiles. Other sleds attach with a tow rope.
- Before driving, rock sleds back and forth to break the runners and bottom free of the ice.
- Drive slowly. Driving fast over uneven terrain may cause a sled to tip over, which can damage not only the sled and cargo, but the snowmobile as well.
- Drive even more slowly if pulling passengers.
- Maintain situational awareness and regularly look back to ensure everything is riding securely, especially passengers.
- Stop gradually so the sled doesn't run into the back of the snowmobile.

Snowmobiles, Generators and Renewable Energy Power Systems

The MEC provides training in the operation and maintanence of generators and other equipment that help power camps to science team members before they deploy to the field. Snowmobiles are maintained by the MEC, but Field safety and training provides the training. General operation and troubleshooting guidance is provided here as a reference. Contact the MEC for assistance or further guidance, if required.

Snowmobile Operation

Operational Guidelines

- All riders and passengers must wear a helmet! This includes people
 pulled on a sled behind a snowmobile.
- Each operator is responsible for checking the machine before each use.
- Ensure the correct fuel is used. Snowmobiles have two-stroke engines that require gasoline (mogas) pre-mixed with lubricating oil. The mixture ratio is 50:1 (12 ounces of oil per five gallons of mogas).

- To avoid over-working the electric starter, the pull starter should be used when the engine is cold.
- A snowmobile's center of gravity is just in front and toward the bottom
 of the fuel tank. Operators must shift body weight for turning and as
 needed for the load, the terrain, and the snow and ice conditions.
- Be mindful of track tension. In general, if the track is slapping against
 the frame tunnel while the snowmobile is in motion, it is too loose.
 Adjustments to both tension and alignment are made via long bolts at
 the end of the suspension.
- Watch for loose trailing straps and ropes, as these can get tangled in the tracks and around axles.
- Never shift the transmission unless the snowmobile is stopped. Shift gently. If gears will not engage, turn off the engine, shift gears, and restart. Abusive shifting can cause drive-train problems that are not repairable in the field.
- Park snowmobiles so they face into the prevailing wind, and always cover them. This reduces the likelihood of snow fouling the points and accumulating under the cowling.

Preventative Maintenance

Daily

- · Check operation of the snowmobile.
- Check the suspension, particularly when operating on ice. Look for broken suspension components.

Weekly

Check for loose mounting bolts on bogie wheels, skis (particularly the
two bolts through the springs), rear suspension, and steering. A small
suspension problem can rapidly become serious (e.g., slashed tracks,
broken bogie mounts).

Loading, Towing, and Driving

Loading

- Maintain a low center of gravity.
- · Place survival packs on the front to help maintain ski contact on hills.
- Keep straps tied down; ensure there are no loose ends.
- Place frequently used items where they are easy to access.

Towing a Sled

- Sleds may be towed with rigid tongues or ropes, depending on the circumstances. Rigid tongues are preferable.
- Check the hitch mechanisms on both snowmobile and sled for proper operation.

- · Cover the load to protect it from track spray, if necessary.
- Check load tie-downs for tightness and security shortly into each trip.
- · Check both the sled and the load frequently.

Driving

- Whenever possible, drive on a proven trail or a hard surface.
- If driving in powdery snow and the snowmobile begins to bog down, head in the straightest line possible for firmer or packed snow; sharp turns will compound the problem. Maintain the throttle.
- If the machine slows and reaching firmer snow appears impossible, STOP! DO NOT CONTINUE SPINNING THE TRACK!
- Tip the snowmobile on its side (in both directions, if necessary), clear snow from the track, and pack the snow under the track.
- Dig a ramp out of the hole and attempt to ease the machine out of the hole, with other people pushing. Or use a tow rope and have another snowmobile pull the stuck one out.

Caution: If a stuck machine does not come out quickly when towing it, stop towing and dig more. Continual towing wears drive belts prematurely and can cause them to break. It can also damage engine parts.

Driver Communication

Hand signs for group travel on snowmobiles



Hand on head: "OK, ready to depart."



Fist in air, elbow at right angle: "Stop" or "Stopping."



Arm outstretched, palm up, pushing up: "Speed up" or "Speeding Up."



Arm outstretched, palm down, patting down: "Slow down" or "Slowing down."



Arm oustretched, pointing: "Watch out for crevasses and other hazards."

Troubleshooting

Fuel Flow Problems

Symptoms: The engine cranks but it won't run; no fuel is present in the line from the pump to the carburetor; the engine may run briefly after priming.

Diagnosis and Cure

- · Check the fuel level in the tank.
- Pry the fuel line off the carburetor, pressurize the fuel tank (i.e., seal and blow into the vent line) to see if fuel flows out the end of fuel line. Crank the engine to see if fuel pulses out the end of fuel line.
- If fuel flows adequately and pumps adequately, the problem may have been small ice crystals in the fuel pump valves. Pressurizing the tank dislodged them, solving the problem. Replace the line and continue operation.
- If fuel flows when the tank is pressurized but does not pump, the
 problem is in the fuel pump. First, disconnect the vacuum pulsation line
 from the center of the fuel pump to the engine crankcase. Blow through
 the line. If it is blocked, clean ice out of the line with wire. Check the
 nipples on the pump and crankcase for obstructions. If the vacuum line
 is operational but fuel still does not pump, replace the pump or remove
 it and thaw it.
- If fuel will neither flow nor pump, then either the line or the fuel filter is clogged. Clean the line or replace the filter.
- If the tank is under vacuum pressure when the cap is open, check the
 vent line for obstructions or pinches. Occasionally the vent hose will rub
 on the exhaust and melt. Make sure the tank is venting properly.
- If all of the above is tried and still no fuel flows, check the line for cracks
 or holes. Look for any obvious fuel deposits (i.e., discolored snow) in the
 engine compartment. Repair or replace the line.

Starter/Cranking Problems

Symptoms

Engine cranks slowly or not at all when key is turned.

Diagnosis and Cure

- Usually, this problem indicates a dead battery. If that is the case, the
 engine must be pull-started. Once the engine is running, the battery
 should begin to recharge, unless it is shorted or the rectifier is faulty. The
 battery can also be charged with an AC charger, if one is available.
- If the battery is fine, check the in-line fuse (30 amp) in the red wire near the starter or see if the red-green wire has slipped off the terminal on the

starter solenoid. Finally, the starter itself may be faulty.

Spark Problems

Symptoms

The engine cranks but it won't start. Fuel is present in the line between the fuel tank and carburetor.

Diagnosis and Cure

- Remove both spark plugs. Push the spare plugs into the wire caps,
 ground the metal plug bodies to the metal engine housing, and crank
 the engine. If a spark can be seen at the electrodes of the spare plugs, the
 problem may be that the installed plugs were fouled with excessive fuel,
 ice, or a piece of carbon. Install the new plugs or clean and re-install the
 old ones. Note: When the engine is cold, it may be hard to see the spark
 in direct sunlight.
- If a spark is not present, the problem is in the electrical system. First, check the kill switches and all electrical connectors. If they are in the correct position and operational, the solution to the problem depends on the engine type.
- 503/550: These models have an electronic ignition, so the problem is probably the igniter box. Replace the igniter box.
- Other engines: The problem may be a bad coil or a shorted wire.

Power Problems

Symptoms

The snowmobile runs but it lacks power.

Diagnosis and Cure

- If engine seems to be running fine, but the snowmobile has trouble with
 uphill starts, the problem may be with the clutch-driven pulley. Remove
 the cowling and see where the belt is riding on the pulley. It should be
 along the outer edge of the driven pulley when the snowmobile is at
 rest. If the belt is instead slotted down between the driven-pulley halves,
 check for ice in the drive and driven pulley. Shift the transmission into
 neutral and rev the engine slowly until the belt works its way to the outer
 edge.
- If the engine has very low power or dies when revved, remove the
 carburetor, and check for ice. If ice is present, thaw out the carburetor
 and reinstall it. If the engine is weak and runs rough, but the carburetor
 is ice free, the problem may be a bad spark in one cylinder. Follow the
 procedures outlined in Spark Problems.

• The problem may be altitude. If hill-climbing performance is weak and the problem isn't the belt or an iced-up carburetor, check the spark plug color. Chocolate brown is correct; gray or white too lean; and black signifies a mixture that is too rich. For altitudes up to 4,000 feet, decrease jet size by one increment from the standard setting (i.e., 290 to 280). From 4,000 feet to 8,000 feet, decrease it by two increments. From 8,000 feet to 11,000 feet, decrease it by four. Remember to enrich the mix when returning to lower altitudes.

Honda Generator Operation

Generator Safety

- Place the generator on a firm, level surface. If the generator is tilted or turned over, fuel may spill or the generator may become contaminated with soil or water.
- To prevent a fire hazard and provide adequate ventilation, keep the generator at least three feet away from tents or other equipment during operation. Do not place flammable objects close to the generator.
- Know how to stop the generator quickly. Know how to operate all the controls
- Do not let the generator get wet, and do not operate it with wet hands.
 The generator is a potential source of electrical shock if misused.
- Gasoline is extremely flammable and is explosive under certain conditions. Do not smoke or allow flames or sparks where gasoline is stored or where the generator is refueled. Refuel it in a well-ventilated area, with the engine stopped.
- The engine muffler becomes hot during operation and re-mains hot for a while after stopping the engine. Do not touch the muffler or engine until the generator has cooled down. Let the engine cool before storing the generator indoors.

Pre-Operation Check

- Check and add fuel (mogas), if necessary.
- Check and add engine oil (0W30), if necessary. Check the oil level every time fuel is added.
- Check the air cleaner element to ensure it is clean and free of ice and snow. It should feel oily.

Starting the Engine

 Make sure the AC circuit breaker is in the "off" position. It may be hard to start the generator if a load is connected.

- Turn the fuel valve to the "on" position.
- Pull the choke rod or lever to the closed position. Note: Do not use the choke if the engine is warm.
- If the generator is so equipped, make sure the auto-throttle switch is off.
- · Move the engine switch to the "on" position.
- Pull the starter grip slowly until resistance is felt, then pull briskly. Note:
 Do not allow the starter grip to snap back. Return it slowly by hand.
- Once the generator has started, push the choke rod or twist the choke lever to the open position as the engine warms up.
- Allow the engine to warm up for three to five minutes; do not apply a load during this time.
- · Once the generator is warm, turn on a breaker or plug in a load.

Stopping the Engine

- Turn off the breaker or unplug the load.
- Allow the generator to run unloaded for two minutes to cool down.
- Turn off the engine switch.
- Turn off the fuel supply.

Engine Problems

Symptom

The engine will not start.

Diagnosis and Cure

- Check that the engine switch is on.
- Check to see if the oil-alert lamp flashes when the starter is pulled. If it does, add oil.
- Ensure all loads are disconnected from the AC receptacles.
- Check to see if there is a spark at the spark plug. Ground the side of the
 electrode to the engine and pull the recoil starter to see if a spark jumps
 the gap. If there is no spark, replace the spark plug.
- Check to see if gasoline is reaching the carburetor. Place a suitable container under the carburetor and loosen the drain screw. Fuel should flow freely. If it does not, check the fuel valve on the tank.

Symptom

The engine starts but stops immediately.

Diagnosis and Cure

- Check the oil level. If it is low, fill the oil reservoir to the top of the dipstick.
- · Restart the engine.

Symptom

There is no electricity at the receptacles.

Diagnosis and Cure

- Check to see if the AC circuit breaker is on.
- Check the appliance or equipment plugged into the generator for defects.

Mini-Portable Field Power Systems

The Mini-Portable Field Power System is a portable, self-contained solar power supply that can be disconnected and disassembled quickly for transportation. The unit is composed of three components: a weatherproof box, a solar panel stand, and an output cable. The input and output cables connect to the battery box via sturdy, screw-on, weatherproof connectors. The system is fully grounded, and all wiring and electrical components are rated to -40° C. Maximum output is 300 watts AC or 80 watts DC.

Directions:

- Open the box and inspect the unit for damage or loose wires. Correct as necessary.
- Decide on the configuration of the solar panels. They can be
 mounted on top of the box with four 1/4 X 20 bolts, they can stand
 independently and be tied down, or they can be spread out to face the
 sun for maximum input. However, they are configured, ensure the
 panels are secure in case of wind gusts.
- Connect the three-pin solar plug to the three-pin receptacle.
- Connect the five-pin extension cord to the five-pin receptacle.
- Turn the 40-amp breaker to "on" and turn the switch on the far side of the inverter to "on." AC power will now be available.

When battery power is low, the AC and DC outputs will disconnect. The power will not return until battery voltage reaches 12.2 volts DC. Disconnect loads and let the system recharge. Recharge time from 80% discharge is approximately three days in the sun. Keep in mind there is rarely full sun in Antarctica for three days in a row.